

## INVITATION TO JOIN A SYSTEMS PSYCHODYNAMICS TRAINING GROUP

Dear colleague,

I am pleased to announce that my annual consultancy and coaching training groups will be kicking off in July this year. The groups are specifically for consultants, coaches and managers who wish to deepen and expand their ability to work with the unconscious dynamics affecting the organisations and leaders they work with.

When I started with the first training group five years ago, it was to fulfill a specific need amongst senior South African consultants for in-depth work with the theoretical underpinnings of our field, coupled with a space for peer-to-peer supervision. Since then, the groups have evolved to also include international consultants, and a distinct coaching group was added alongside the consultancy group, by my now retired colleague, Prof. Frans Cilliers.

This year, there will be two consultancy and two coaching training groups, all conducted by myself. You are welcome to join both a consultancy and a coaching training group. While the consultancy group focuses on working with the system-as-a-whole and its constituent sub-systems, the coaching group focuses specifically on the one-on-one coaching situation. Each group consists of 7 - 12 participants and will meet for 6 sessions over the course of 6 months.

Although the approach differs between the consultancy and coaching groups, both of them include:

- Working with the unconscious (by means of dreams, free association and the here-and-now);
- Discussing vital literature (a selection of seminal articles as well as, in the consultancy training group, Dr. Mannie Sher and Dr. David Lawlor's [Introduction to Systems Psychodynamics](#));
- Exploring case studies from our respective work situations.

Participants from all modalities of organisational consultancy, group work and coaching are welcome.

Participation costs \$990.00 for international participants, \$590 for participants from the rest of Africa, and R12650 (incl. VAT) for South African participants. This can be paid once-off, or over a period of six months. To register, please contact Kirsten Zellmer at [kirsten@tiltinternational.com](mailto:kirsten@tiltinternational.com). Registration is done on a first-come basis and closes once a group reaches 12. We keep a waiting list of participants who will be notified of the next series of group sessions.

Please see the dates and meeting times of the different groups below.

Warm regards,

Jean

Dr. Jean Cooper  
[jean@tiltinternational.com](mailto:jean@tiltinternational.com)  
+27 72 420 3919  
[www.jeanhenrycooper.com](http://www.jeanhenrycooper.com)

CONSULTANCY TRAINING GROUPS	COACHING TRAINING GROUPS
<p><b>Primary task</b> The primary task of the Consultancy Training Group is to provide opportunities to deepen and expand our ability to work with the unconscious dimensions of organisational systems.</p>	<p><b>Primary task</b> The primary task of the Coaching Training Group is to provide opportunities to deepen and expand our ability to take up the role as Systems Psychodynamic Leadership Coach.</p>
<p><b>Focus</b> The focus is on taking up a consultancy stance and working with the system-as-a-whole.</p>	<p><b>Focus</b> The focus is specifically on the one-on-one coaching situation, within its systemic context.</p>
<p><b>Dates and times</b> <i>Group 1: Friday mornings 9:00 - 12:00*</i></p> <ol style="list-style-type: none"> <li>1. 12 July</li> <li>2. 2 August</li> <li>3. 6 September</li> <li>4. 4 October</li> <li>5. 1 November</li> <li>6. 29 November</li> </ol> <p><i>Group 2: Saturday mornings 9:00 - 12:00*</i></p> <ol style="list-style-type: none"> <li>1. 13 July</li> <li>2. 3 August</li> <li>3. 7 September</li> <li>4. 5 October</li> <li>5. 2 November</li> <li>6. 30 November</li> </ol>	<p><b>Dates and times</b> <i>Group 1: Thursday evenings 18:00 - 21:00*</i></p> <ol style="list-style-type: none"> <li>1. 11 July</li> <li>2. 1 August</li> <li>3. 5 September</li> <li>4. 3 October</li> <li>5. 31 October</li> <li>6. 28 November</li> </ol> <p><i>Group 2: Wednesday evenings 18:00 - 21:00*</i></p> <ol style="list-style-type: none"> <li>1. 10 July</li> <li>2. 31 July</li> <li>3. 4 September</li> <li>4. 2 October</li> <li>5. 30 October</li> <li>6. 27 November</li> </ol>

\* South African Standard Time (SAST)